

2025-2026 KCSAA POLICY AND PROCEDURES

Mandatory Preseason Meeting

The annual KCSAA Preseason meeting is scheduled for Saturday, July 26, 2025 at 11:00 am eastern time at Nelson County Baptist Church, located at 55 Lutheran Church Road, Bardstown. It is mandatory for each school to have at least one representative present at this meeting; however, all athletic directors and coaches are strongly encouraged to attend.

In the event of an emergency preventing a school from having representation at the mandatory meeting, the school must schedule a one-on-one meeting with a Board Member within 30 days. Failure to arrange this meeting will result in the school being ineligible for the 2025-2026 KCSAA season.

Annual Membership Fee

The Annual Membership Fee per member organization this year will be \$100 and is due by November 7, 2025, the date of the first Ballorama. Dues not received by December 1, 2025 could result in the forfeiture of membership, making the school ineligible for KCSAA sponsored events.

2025-2026 Season Calendar

July 26, 2025	- KCSAA PreSeason General Meeting, 11am Eastern Time Nelson County Baptist Church, Bardstown, KY
October 20, 2025	- Season begins: first date games count for rankings
November 7, 2025	- Lexington BOR
December 13, 2025	- Middle School Tournament, Rocky Hollow, Somerset, KY
January 9, 2026	- Lexington BOR
January 23-24, 2026	- KCSAA JV 15U State Tournament, Elizabethtown
February 16, 2026	- Regional Coaches Meetings
February 20, 2026	- Season ends: last date games count for rankings
February 21, 2026	- Board Seeding Meeting
February 27-28, 2026	- KCSAA Varsity State Championship, Elizabethtown
March 7, 2026	- All Star Games (Location TBD)

Scheduling, Rescheduling, and Forfeits

It is the school's responsibility to schedule their own games. To be eligible for postseason play in basketball and volleyball, each team must play at least twelve regular season games against KCSAA opponents, including a minimum of eight unique KCSAA opponents. Teams that cannot meet these requirements must appeal to the Board to determine their postseason eligibility.

In the event that a member school cannot fulfill a scheduled commitment, rescheduling the contest through mutual agreement is encouraged. Contests not rescheduled will result in forfeiture by the canceling team, except in the following circumstances:

- Games canceled due to inclement weather, which cannot be rescheduled
- Games canceled due to illness, resulting in the team being unable to field a minimum of six varsity basketball athletes or seven varsity volleyball athletes
- Games canceled by mutual agreement between both teams

Failure to notify a scheduled team of a cancellation in advance will result in the obligation to assume all incurred expenses such as gym rental, referees, etc. Any forfeits may be appealed to the Board for consideration.

Game results must be recorded on the website promptly.

Behavior Standards

Participants in the KCSAA must maintain the highest level of Christian character. There is a strong emphasis in the New Testament to love the Lord and others. Love is courteous, respectful, and sacrificial toward everyone. The KCSAA leadership, administrators, coaches, and athletes are observed by many as they participate. The greatest way to demonstrate our testimony is to practice these biblical principles.

Scripture References:

Deuteronomy 22:5
1 Corinthians 11:14-15
Titus 2:12-13

Romans 12:1-2
Galatians 5:13
1 Peter 2:11-12

1 Corinthians 6:19-20
1 Timothy 2:8-9
1 John 2:15-17

We will begin every Ballorama game and KCSAA Tournament game with prayer at center court, and we encourage each host school to begin each home game in prayer. Prayer reinforces important values such as sportsmanship, respect, integrity, and perseverance. It reminds athletes to compete with honor, integrity, and respect for their opponents, their teammates, their coaches and the officials.

Appearance Standards

We ask that athletes and coaches be mindful of their appearance. We promote the biblical principle of femininity in ladies' appearance and masculinity in men's appearance.

- Female coaches, athletic directors, staff and volunteers are asked to wear skirts, dresses or garments that meet the modesty dress standards for female athletic competition when attending official KCSAA meetings.
- Male coaches, athletic directors, staff and volunteers are asked to wear garments that meet the modesty dress standards for male athletic competition when attending official KCSAA meetings.
- Female coaches and athletes, while on the premises of athletic competition during KCSAA regular season play, tournament competition, Ball-O-Ramas and awards presentations, must wear skirts, dresses or garments that meet the modesty dress standards for female athletic competition.
- Male coaches and athletes, while on the premises of athletic competition during KCSAA regular season play, tournament competition, Ball-O-Ramas and awards presentations, must meet the modesty dress standards for male athletic competition.
- All athletes and coaches are required to have naturally colored hair or highlights.
- Male athletes are required to keep their hair trimmed off the collar of the athletic jersey, off the ear, and not extending past the eyebrow. No part of the hair can extend longer than four inches off the head before being restrained with a headband or elastics.
- Tattoos on athletes are discouraged, and we ask that they be covered during competition.

Uniform Requirements

Basketball, Volleyball, and Cheerleading uniforms must conform to the league specific rules stated below. We promote the biblical principle of modesty in dress.

Volleyball jerseys must always cover the midriff or be tucked in. If the jersey lacks some type of sleeve, a t-shirt should be worn underneath. Volleyball athletes have the option to wear a loose-fitting garment that creates a skirt-like appearance when standing, or they can choose a skirt paired with an appropriate thigh covering garment underneath. The volleyball bottoms should extend to the top of the knee cap when the athlete is standing. These garments should be worn at the natural waistline and must not be form fitting above the top of the knee cap.

Basketball jerseys must be tucked in during games. If the jersey lacks some type of sleeve, a t-shirt should be worn underneath. Basketball athletes have the option to wear shorts that extend to the top of the knee cap when the athlete is standing, or they may choose to wear long athletic pants. These garments should be worn at the natural waistline and should not be form-fitting above the top of the knee cap.

Organized, uniformed varsity cheerleading squads who cheer from the sideline or on the court at any games must wear a uniform that meets the guidelines of the volleyball uniform. Routines should not resemble dance routines or involve flips, stacks, etc, which are revealing above the knees.